

Join Us at the

7th INTERNATIONAL PEDIATRIC NUTRITION SYMPOSIUM

Advancing Child Health. *Inspiring the Future.*

 **26–27 JUNE 2026**

 **BARCELONA, SPAIN**



VENUE
FOUR POINTS
BY SHERATON

Barcelona Diagonal

A Premier Scientific Event
for Pediatric Leaders
Across Europe and Beyond



Where Science Meets Compassion
for Children



**CPD
ACCREDITED**

Enhance your
knowledge and
earn CPD points.



**HIGHLY
SCIENTIFIC**

Cutting-edge topics,
evidence-based
sessions and the
latest advancements
in pediatrics.



**EUROPEAN
FACULTY**

Learn from leading
experts and thought
leaders from
across Europe.



**CLINICAL
CASES**

Real-life cases,
practical insights
and interactive
discussions.



**REGIONAL
CONNECTION**

Build valuable
connections with
colleagues from
the region and
beyond.



**UNFORGETTABLE
EXPERIENCE**

Inspiring venue,
warm hospitality
and moments that
create lasting
memories.



ORGANISED BY
**tpnh2
GROUP**

REGISTRATION FEE
USD 750 \$



Together,
let's advance child health
and create a healthier future.



**INTERNATIONAL
COLLABORATION**



**SCIENTIFIC
EXCELLENCE**



**STRONGER
TOGETHER**



**BETTER CARE
FOR EVERY CHILD**



SAVE THE DATE!
26–27 JUNE 2026
BARCELONA, SPAIN

Register. Connect. Grow.
See you in Barcelona!



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26 JUNE 2026 | BARCELONA, SPAIN

DAY 1 **THURSDAY JUNE 26, 2026**
REGISTRATION & WELCOME COFFEE

8:30 – 9:00	Registration & Welcome Coffee	
	Ballroom	
9:00 – 9:25	Diagnostic and Therapeutic Challenges of Coeliac Disease	Dr. Francesco Valitutti, Italy
9:25 – 9:30	Q/A	
9:30 – 9:55	Nutritional Management of Coeliac Disease	Prof. Federica Furfaro, Italy
9:55 – 10:00	Q/A	
10:00 – 10:25	New treatments for childhood obesity!	Prof. Javier Martin De Capri, Spain
10:25 – 10:30	Q/A	
10:30 – 11:00	Coffee Break	
11:00 – 11:25	HMO and Human Genetics, the Hidden Part	Dr. Plukchi Iulia, Romania
11:25 – 11:30	Q/A	
11:30 – 11:55	Interpretation of Common Tests in Pediatric Gastro Hepato: What the Pediatrician needs to Know?	Dr. Antoin Farah, Lebanon
11:55 – 12:00	Q/A	
12:00 – 12:25	Going with Your Gut Feeling: Managing Common GI Problems in Your Practice	Dr. Mohamed El Messerey, Dubai
12:25 – 12:30	Q/A	
12:30 – 12:55	Cow's Milk Protein Allergy Workshop: New ESPGHAN Recommendations	Prof. Mohamed Hassosah, KSA
12:55 – 13:00	Q/A	
13:00 – 14:00	Lunch Break	
14:00 – 14:45	Functional Abdominal Pain in Children	Dr. Antoin Farah, Lebanon
14:45 – 15:00	Q/A	
15:00 – 15:45	Long term PPI treatment: side effects in children	Dr. Mohamed El Messerey, Dubai
15:45 – 16:00	Q/A	
16:00 – 16:30	Closing Conference Day 1 Remarks	

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DAY 2

FRIDAY, JUNE 27, 2026

MORNING SCIENTIFIC PROGRAM

8:30 – 9:00	Registration & Welcome Coffee	
	Ballroom	
9:00 – 9:25	Nutritional Management of Critically Ill Neonates	Dr. Said El Did, Dubai
9:25 – 9:30	Q/A	
9:30 – 9:55	GERD When and how to Treat: ESPGHAN Consensus	Dr. Plukchi Iulia, Romania
9:55 – 10:00	Q/A	
10:00 – 10:25	Functional GI disorders in Arab countries	Prof. Mohamed Hassosah, KSA
10:25 – 10:30	Q/A	
10:30 – 11:00	Coffee Break	
11:00 – 11:25	Junk food effect: Anemia on rise among kids	Dr. Antoin Farah, Lebanon
11:25 – 11:30	Q/A	
11:30 – 11:55	Complementary Feeding in Practice: Bridging Guidelines and Real Life	Dr. Francesco Valitutti, Italy
11:55 – 12:00	Q/A	
12:00 – 12:25	Picky Eater and Hidden Hunger	Dr. Marta Tavares, Portugal
12:25 – 12:30	Q/A	
12:30 – 12:55	SGA Special requirements	Dr. Said El Did, Dubai
12:55 – 13:00	Q/A	
13:00 – 14:00	Lunch Break	
14:00 – 14:45	Dietary management of Eosinophilic gastrointestinal disorders	Prof. Javier Martin De Capri, Spain
14:45 – 15:00	Q/A	
15:00 – 15:45	Preterm: how much nutrients are required	Dr. Marta Tavares, Portugal
15:45 – 16:00	Q/A	
16:00 – 16:30	Closing Conference Day 2 Remarks	

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